

VISITATION GUIDELINES



At St. Joseph's Health, our patients are at the heart of our Mission. We understand the separation of patients and their loved ones during a hospitalization can cause significant stress and anxiety. Therefore, we offer the visitation guidelines outlined below.

General Visitation Guidelines

All visitors must be 12 years of age or older except in cases where families are coping with end-of-life care. In this case, prior authorization from the clinical unit must be arranged.

- End of life
 - Please speak with unit manager
- Patients requiring a support person
 - Defined by NYS as a patient for whom a support person has been determined to be essential to the care of the patient (medically necessary) including patients with intellectual and/or developmental disabilities and patients with cognitive impairments including dementia.
 - Please check with unit manager for arrangements

Acute Care/Inpatient

Maximum of 2 visitors in the room, 10:00AM to 8:00PM.

Labor and Delivery

The mother may choose up to two coaches and one of them can be a doula.

- The doula must provide one of the following: NYS Certification form, a business card, proof of attendance at a Doula training course, or an identification badge; they are required to wear a badge that indicates doula status when in the hospital.
- Although the coaches and/or doula can remain with the mother during, labor, delivery, and immediate postpartum period, including recovery, we will not be able to offer overnight accommodations to both the coaches and the doula.

Unit 5-1/Postpartum Unit

The birthing parent may choose one person who can remain in the room with the birthing parent and baby for the duration of the admission.

- Other visitors will be permitted, maximum of 2 visitors in the room, in addition to the overnight coach.
- Siblings, 12 years of age or older and not during NYS declared Flu or RSV season, may visit while accompanied by an adult other than the birthing parent.

Neonatal Intensive Care Unit

The patient is allowed up to four approved (by parents) visitors, besides the parents.

- No siblings are allowed in the NICU.

Emergency Department Visitation

1 visitor (2 for minors) for duration of ED visit; patients admitted and transferring to Acute Care/Inpatient unit will follow Acute Care/Inpatient guidelines.

CPEP

Maximum of 2 visitors (18 years of age or older) for the duration of the CPEP ER visit.

- Once admitted to CPEP, visitation from 9 am to 8 pm except for pediatric patients who may have a caregiver remain with them after visiting hours.
- All visitation in CPEP is subject to the discretion of unit management.

Surgery/Procedural Areas

1 visitor may accompany the patient day of procedure and wait in designated area; patients being admitted and transferring to an inpatient unit will follow Acute Care guidelines.

Unit 3-6

Visitation by appointment. Contact the unit at 315-448-5360.

Additional notes regarding visitation

- St. Joseph's Health may need to alter the above guidelines based on federal, state, or local health standards.
- All visitors should be free of infection or illness during their visits. Symptoms include, but are not limited to fever, cough, runny nose, sore throat, vomiting, diarrhea or rash.
- Visitors may be asked to step out of the room or to not visit, should their presence interfere with providing safe care.
- Visitors are not permitted to use the restrooms in the patient rooms.
- Violence, foul language and abusive behaviors are NOT acceptable. These behaviors may result in removal from this facility and/or prosecution.
- Visitors who fail to agree to this guidance will be asked to leave the hospital.