











<b>Current National Dysphagia Diet (NDD)</b>		<b>New International Dysphagia Diet (IDDSI)</b>
Regular	→	Level 7 Regular 
	→	Level 7 Regular- Easy to Chew 
Dysphagia 3- Chopped <i>Also known as: "Mechanical Soft" or "Mechanical Chopped"</i>	→	Level 6- Soft and Bite-Sized 
Dysphagia 2- Ground	→	Level 5- Minced and Moist 
Dysphagia 1- Pureed	→	Level 4- Pureed 
Pudding Thick Liquid	→	Level 4- Extremely Thick Liquid 
Honey Thick Liquid	→	Level 3- Moderately Thick Liquid 
Nectar Thick Liquid	→	Level 2- Mildly Thick Liquid 
Slightly Thick Liquid <i>*We will not be utilizing at our facility</i>	→	Level 1- Slightly Thick Liquid <i>*We will not be utilizing at our facility</i> 
Thin Liquid	→	Thin Liquid 

**IDDSI Go-Live Date: March 18<sup>th</sup>, 2023!**

